

## Do you ever have difficulty learning something?

Do you ever wonder why some people seem to just “get it” in classes while you really struggle?

If so, then you are probably processing the information outside of your learning style. Knowing your learning style is instrumental in helping you to succeed in classes and in work.

In the *Learning Styles and Why They Are Important* workshop, participants will take the Kolb Learning Style Inventory (LSI) and receive immediate feedback. The LSI is a widely-used tool

(including by many health professional schools) that helps individuals understand their learning preferences. We will give you questions to consider when choosing your major / degree program. If you have already decided on your degree program, we will provide ways for you to manage in your program. We will also give you ways to explore career paths that best fit your learning style.

For more information or to register, please go to the Health Careers Center's events website at: [www.healthcareers.umn.edu](http://www.healthcareers.umn.edu) •

Register for  
workshop held on:  
Tuesday, November 1,  
2005 at 9:00 am



*Having difficulty learning?*

## What's the best kind of experience for pre-health students?

Like many of our readers, Bobbi was first drawn to a health career because of a special interest. She loved working with children, and knew that in pediatrics her days would be filled with kids. She admits now that when she began college, she didn't really know all that much about what health professionals did. Bobbi discovered many interesting things to do on campus, and a number of those experiences played a role in helping

her to choose and then prepare for a career in pharmacy.

Bobbi credits her “discovery” of pharmacy to a mentor experience organized by her college. Through the mentor program she was given the opportunity to shadow different health professionals to learn more about what they did. Her reaction to a day spent shadowing a pharmacist was: “Wow”. For one thing, she was surprised to find out how much patient contact they had.

Bobbi had already decided that she didn't necessarily want to spend her days with sick kids, but she

was confident that she did want a career in health care – one with lots of patient contact. Like other pre-health students, it was important to her that the work she chose would “make a difference”. In fact, Bobbi could see herself in some kind of advocacy role in the future. She had also decided that she loved chemistry. The more she explored, the more it became obvious to her that pharmacy was the best fit.

As you read on, you might think that Bobbi's extracurricular activities don't appear to be directly connected to preparing her for a career in pharmacy. But that's the *cont'd*

beauty of these experiences – you get to choose what seems right for you. There is no expectation that you choose a specific kind of experience. For Bobbi, her interests included music and student organizations. A marching band member for one year, she stayed connected with the band throughout college in a volunteer role. She also chose to be a Community Advisor in a residence hall. As a CA she had the opportunity to mentor and provide a role model for the students in her residence. And she played a key role as a student leader in the Biological Sciences Student Association. Bobbi credits these experiences with providing her with good organizational, time management, leadership and interpersonal communication skills. She also learned how to motivate

others and how to address and resolve conflict. This strong set of skills undoubtedly helped make her a strong applicant for Pharmacy.

Bobbi's involvement in the community didn't stop once she started in Pharmacy. In addition to her work at Walgreens and her TA position on campus, she volunteers as a CPR instructor, she serves as the Pharmacy board vice president, volunteers to talk with high school students, regularly volunteers in the Phillips neighborhood of Minneapolis and at the Ronald McDonald House through Kappa Psi, and she currently serves as the president of Phi Lambda Sigma Pharmacy Leadership Society. You can see Bobbi at work as a TA in the accompanying picture. •



TA Bobbi

## Exciting Fall Line-Up

*The Health Careers Center is excited to announce their fall schedule of events. Register for an event by visiting [www.hccevents.umn.edu](http://www.hccevents.umn.edu)*

### Experiential Opportunities in Health Care

Wed, Nov 30th, 2005 2:00 PM to 3:30 PM

### Health Sciences at the U of M and you!

Thu, Oct 27th, 2005 1:30 PM to 3:00 PM

### Interviewing for Health School

Thu, Nov 10th, 2005 1:00 PM to 3:00 PM

### Interviewing for Health School

Tue, Oct 25th, 2005 3:00 PM to 4:30 PM

### Nursing Information Session (BSN)

Mon, Dec 12th, 2005 8:30 AM to 10:00 AM

### Nursing Information Session (BSN)

Tue, Sep 13th, 2005 2:30 PM to 4:00 PM

### Pre Med I

Tue, Nov 29th, 2005 3:00 PM to 4:30 PM

### Pre Med I

Wed, Nov 2nd, 2005 9:00 AM to 10:30 AM

### Pre-Med II

Tue, Dec 6th, 2005 3:00 PM to 4:30 PM

### Pre-Med II

Tue, Oct 18th, 2005 3:00 PM to 4:30 PM

### Pre-Med II

Wed, Nov 9th, 2005 2:30 PM to 4:00 PM

### Personal Statement for Health School

Wed, Dec 7th, 2005 1:30 PM to 3:00 PM